

ACCA Summer Conference
Texas Baptist Children's Home Activity Center
June 20 – 22, 2022

11.50 Continuing Education Units

Monday, June 20

8:30-11:00

ACCA Board Meeting

1:00 pm

Welcome by ACCA President – Erin Seabourne
Drawing for Door Prizes

1:15-3:15

Group Session #1
“Why Are We All SO Anxious?”
Presenter: Dr. Wes Eades, LPC, LMFT

Wes will turn to the Garden of Eden story to offer some ideas about the pervasiveness of human anxiety and why it impacts both people of faith and those with little spiritual interest. He will introduce some thoughts about how children can potentially get “vaccinated” from anxiety, and how we can serve those who wrestle with this pain as adults.

3:15-3:20

Afternoon Break Sponsor Highlight

3:20-3:40

Break

3:40-4:45

Tours of Texas Baptist Children's Home

6:45

Prime Rib Dinner by Kerry Fortune
Musical Guest & Testimony – Ms. Regina Hearne

Tuesday, June 21

7:30-7:55

Continental Breakfast

7:55

Drawing for Door Prizes

8:00-10:00

Group Session #2
“Treating Anxiety (our own, and that of others)”
Presenter: Dr. Wes Eades, LPC, LMFT

Medical science has produced miraculous results in the treatment of so many human maladies, and yet anxiety continues to be a moving target with no treatment approach that works reliably with even 50% of the population. Wes will describe how he uses the Enneagram personality inventory to help clients, and himself, understand better the sources of anxiety with approaches to finding more peace. He will invite participants to reflect on how the wisdom of the Enneagram can help us each embrace spiritual approaches that can help us move toward peace.

10:05-10:30

Break

10:45

Breakout Sessions 1, 2, 3, 4

Workshop 1
Making Meaningful Connections

Presenters: Mike Chancellor, M.Div., LPC-S

In the best of times, making meaningful connections is a challenge. Coming out of COVID has only heightened that challenge. Using “Atlas of the Heart,” by Brene Brown as a guide, we will find resources and the challenges for “Making Meaningful Connections today.”

Workshop 2

And You, and You, and You, and You Were There (Attachment focused-EMDR case conceptualization and demo) (Morning session only)

Presenters: Gabriela Mora, LPC and Erin VandeVanter, LPC-A, supervised by Dr. Mary Bennett, PhD, LPC-S, RPT-S

Eye Movement Desensitization and Reprocessing was created by Francine Shapiro, PhD and is most researched and used for the treatment of PTSD. Our clients more often have trauma related with caregivers and attachment figures and Laurel Parnell has taken EMDR and focused on developmental repair with Attachment Focused-EMDR. This workshop will discuss this approach and the similarities to the Wizard of Oz and how it can benefit our clients. We will follow a case conceptualization and finish with a demonstration of "tapping in" attachment figures.

Workshop 3

Seeing Me: Understanding and Serving Diverse Clients

Presenters: Just Pax Collective - Jon Eng and Lisa Jacob

“You can’t love me until you see me.” Have you ever hit a cultural barrier with a client that you can’t seem to overcome? Wanting to grow in your cultural competency? As DEI consultants and practitioners, Jon Eng and Lisa Jacob have equipped hundreds to better understand cultural and individual differences. Discover how you can be more equipped to navigate our changing world and serve your clients with intentional care, emotional intelligence, and cultural humility.

Workshop 4

The Power of Resilience

Presenter: Carol Urton

Resilience is one of the most important skills for success in life. Without resilience, even the smallest setback can be traumatic for some. This workshop will explore why some people seem naturally resilient while others may struggle with bouncing back after facing difficulties in life or work. We will also look at nature vs. nurture and whether resilience is a skill that can be taught. How strong are you really? Let’s find out!

11:45 **Break**
12 noon **Lunch provided – Fajitas by La Margarita in gym**
Afternoon Break Sponsor Highlight Here

1:15 – 2:15 **Breakout Session # 1, 2, 3, 4 or 5**
Workshop 1
Making Meaningful Connections
Michael Chancellor, MDiv., LPC-S
Repeat of Morning Workshop

Workshop 2
Getting to Ground Level (first afternoon session)
Presenters: Gabriela Mora, LPC and Erin VandeVanter, LPC-A, supervised
by Dr. Mary Bennett, PhD, LPC-S, RPT-S

Sometimes when working with children and clients, you may ask yourself "are they listening to me?" People from hard places have learned many ways of coping with distress from trauma. What may look like ADHD or "spacing out," could really be forms of dissociation used as a way to escape. This workshop will discuss the symptoms, the possible reasons why, and ways to bring the child or client back into the room and back on the ground. This will be an interactive workshop with trying out different coping skills, making fidgets, and role-playing.

Workshop 3
Seeing Me: Understanding and Serving Diverse Clients Presenters: Just Pax
Collective - Jon Eng and Lisa Jacob
Repeat of Morning Workshop

Workshop 4
The Power of Resilience
Presenter: Carol Urton
Repeat of Morning Workshop

Workshop 5
Positivity Under Pressure
Presenter: Kevin Karschnik

Today we are handling greater workloads and balancing the demands of career and family. The ability to stay positive, manage our emotions, and work under pressure are key to success in the workplace. In this keynote presentation, Kevin will share stories and show you how to develop a growth mindset, gain optimism, and reduce stress while maintaining a positive mindset. You will walk away with information and strategies you can apply immediately, including understanding your core values, learning happy habits, and overcoming a

negativity bias, so we can be more productive and less stressed at work and home.

2:30 – 3:30 Breakout Session #1, 2, 3, 4 or 5

Workshop 1

Making Meaningful Connections

Presenter: Michael Chancellor, M.Div., MA, LPC-S

Workshop 2

Reflective Responding (second afternoon session)

Presenters: Gabriela Mora, M.Ed., LPC and Erin VandeVanter, LPC-A,

supervised by Dr. Mary Bennett, PhD, LPC-S, RPT-S

We all know how to listen with our ears, but have you ever left difficult meetings with co-workers, case management meetings with clients or conversations with your kiddos feeling misunderstood? Reflective listening is a skill that not only hears the other person but understands the other person through their own experience and perspective. Reflective listening allows us to step into the shoes of the other person to understand what they are saying through not only their words, but their thoughts, experiences, and feelings. Reflective responding then allows us to be fully present with the other person as they process, and problem solve. This process allows the other person to feel heard and fully understood. It helps the other person better understand their experience, and then process through that experience. It also, helps the other person achieve their desired outcomes. Finally, it helps grow the relationship between the two people in the process.

Workshop 3

Seeing Me: Understanding and Serving Diverse Clients

Presenters: Just Pax Collective - Jon Eng and Lisa Jacob

Workshop 4

The Power of Resilience

Presenter: Carol Urton

Workshop 5

Positivity Under Pressure

Presenter: Kevin Karschnik

3:30 Break

4:00 – 5:30 Panel Discussions (Two Groups: Campus Life & Family Care)

Dinner on your own

Wednesday, June 22

7:30-7:55 Continental Breakfast

7:55 Drawing for Door Prize

8:00-9:45

Group Session #3

“The Happiness Trap Dilemma.”

Presenter: Dr. Wes Eades, LPC, LMFT

Wes will provide an overview of Acceptance and Commitment Theory (ACT), a secular treatment modality that Wes believes is very consistent with Christian spirituality. ACT is unique in that it has no goal of “symptom reduction,” and yet often creates relief as a by-product. He will again invite participants to reflect on how ACT might shed some light on their own anxieties.

9:45

Break

10:00 – 11:15 “In His Hands” Rachel Norris – Pottery Demonstration/Testimony

11:15 Final Drawing for Door Prizes

Wrap Up and Surveys

The link for the free Enneagram inventory is at <http://similar minds.com/advtest.html>. After taking the inventory, Dr. Eades recommend going to www.enneagraminstitute.com to read up on their top three types to see which is a "best fit."